

# Not every disability is visible, some are just not obvious.



People choose to wear the Sunflower to discreetly indicate that they have an invisible disability and may need help, assistance or simply more time.

- 1. Ask if you can help**
- 2. Be kind**
- 3. Listen closely**
- 4. Have patience**
- 5. Do not judge**
- 6. Show respect**