

Not all disabilities look like this



Assisting adults and children with hidden disabilities

Not all disabilities are visible – some are not immediately obvious, such as autism, chronic pain, dementia, anxiety, visual or hearing impairment. Living with a hidden disability can make daily life more challenging for many people, but it can be difficult for others to recognize, acknowledge or understand the challenges you face.

The Hidden Disabilities Sunflower makes you visible

Wearing the Hidden Disabilities Sunflower discreetly indicates to people around you including staff, colleagues and health professionals that you need additional support, help or a little more time.

How can wearing the Hidden Disabilities Sunflower benefit you?

- People around you, including staff in shops, healthcare, workplaces and public transport may offer you more help
- You or your carer can use your Hidden Disabilities Sunflower to tell people about the additional help you need

If you would like a sunflower lanyard or have any questions, please get in touch:
www.hiddendisabilitiesstore.com

sunflower
lanyard scheme® 